



# ST LUCY BREAKFAST MENU

October  
2020

Enjoy a daily nutritious Breakfast Free of charge



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>ChooseMyPlate.gov</p>			<p>1</p> <p>Choice of Cereal Graham Crackers Fruit 1% Milk</p>	<p>2</p> <p>Yogurt Cup Goldfish Graham Crackers Fruit Milk</p>
<p>5</p> <p>Choice of Cereal Graham Crackers</p> <p>Fruit Milk</p>	<p>6</p> <p>French Toast Loaf Cheese Stick Fruit Juice Milk</p>	<p>7</p> <p>Mini Cinnamon Rolls</p> <p>Fruit Juice Milk</p>	<p>8</p> <p>Choice of Cereal Graham Crackers</p> <p>Fruit Milk</p>	<p>9</p> <p>NO SCHOOL</p>
<p>12</p> <p>NO SCHOOL</p>	<p>13</p> <p>Cereal Bar Graham Crackers</p> <p>Fruit Milk</p>	<p>14</p> <p>Muffin Cheese Stick</p> <p>Fruit Milk</p>	<p>15</p> <p>Choice of Cereal Graham Crackers</p> <p>Fruit Milk</p>	<p>16</p> <p>Pastry Crescent Grape filled</p> <p>Fruit Juice Milk</p>
<p>19</p> <p>Pop Tart Cheese Stick Fruit Juice Milk</p>	<p>20</p> <p>Choice of Cereal Graham Crackers</p> <p>Fruit Milk</p>	<p>21</p> <p>Yogurt Cup Graham Crackers</p> <p>Fruit Milk</p>	<p>22</p> <p>Choice of Cereal Graham Crackers</p> <p>Fruit Milk</p>	<p>23</p> <p>Mini Bagel with cream cheese and Jelly Fruit Juice Milk</p>
<p>26</p> <p>Choice of Cereal Graham Crackers</p> <p>Fruit Milk</p>	<p>27</p> <p>Blueberry Muffin Cheese Stick Fruit Juice Milk</p>	<p>28</p> <p>Cereal Bar Crackers</p> <p>Fruit Milk</p>	<p>29</p> <p>Blueberry Loaf Cheese Stick Fruit Juice Milk</p>	<p>30</p> <p>Spooky Eyes (Donut holes) Cheese Stick Fruit Milk</p>

INFORMATION

Extra Milk \$0.50  
Adult \$2.00

EXTRA INFO

For questions or comments, contact  
Karen Dominguez at 262-632-2785 ext.420  
kdominguez@sienacatholicsschools.org  
\*Free Breakfast and Lunch is available until  
December 31, 2020 or when USDA funds run  
out.

HARVEST OF



THE MONTH

Your MENUS plus more  
information on our app  
TaHER Food4Life®



www.taHER.com

Menus are subject to change without notice. This institution is an equal opportunity provider.